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Tao Basics

Awaken Healing Light of the Tao

BOOK: [ORDER B11](#) \$17.95
 2 VIDEO set: [ORDER V61](#) \$59.95

A comprehensive overview of the fundamental mind, body, and spirit practices of the Healing Tao system. Heal yourself by pulsing chi through key energy points. Learn the secrets behind the Inner Smile, and how to tap into sexual and spiritual energy through the Microcosmic Orbit.

Awaken Healing Energy Through the Tao

ORDER: [B01](#) \$15.95 Shorter original classic on the Orbit & Smile.

Six Healing Sounds

VIDEO: [ORDER V43](#) \$29.95

Transform Stress into Vitality

BOOK: [ORDER B03](#) \$11.95

Six Healing Sounds cool and detoxify your vital organs. Feel love for your inner organs, clean out the sick chi and they will love you and keep you radiant & healthy!

Tai Chi Chi Kung 1

BOOK, Tai Chi Inner Structure: [ORDER B12](#) \$17.95

2 VIDEO set, Tai Chi 1: [ORDER V50](#) \$59.95

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Highly detailed step-by-step instruction to one of the best short Tai Chi forms ever designed by a Grandmaster. Focus on energy flow and simple form makes it ideal to deepening practice no matter what level you are. Level 2: fast fighting form.

Iron Shirt Chi Kung

Iron Shirt 1 BOOK: [ORDER B05](#) \$15.95

VIDEO Iron Shirt 1: [ORDER V57](#) \$29.95

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Learn to improve your health with ancient martial arts grounding and chi-building techniques. Root yourself in the earth's energy field and increase your body's "chi-pressure," building a stronger and more resilient body.

Bone Marrow Nei Kung

BOOK (Iron Shirt 3): [ORDER B08](#) \$15.95

2 VIDEO set, Bone Marrow: [ORDER V58](#) \$59.95

Replenish your blood, strengthen your bones, and nourish your life force within by circulating chi and sexual energy through your bones, literally "regrowing" your bone marrow. Higher practices require special equipment. (See Below.)

Chi Weight Lifting Equipment

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Wire Hitter

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Fusion of 5 Elements

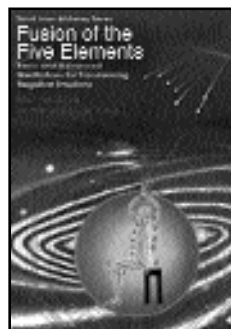
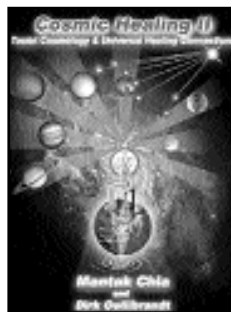
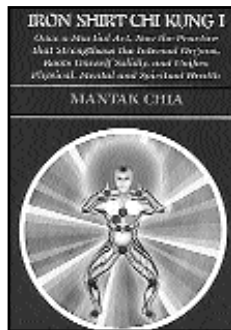
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Take depth-psychology to an entirely new level. Rebalance your mental and emotional state by gathering your negative emotions into your center, transforming them into pure, raw energy. Learn how to guide this newfound chi through the 8 extraordinary meridians.



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Illustrated Taoist lovemaking positions redrawn from classics. Esoteric details of penis and vagina reflexology and medical benefits of different sex positions.

Taoist Secrets of Love (Male)

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Chia & Winn Classic that started a revolution in western sexuality. Secrets of achieving and maintaining sexual potency. How to conserve, store sperm in the body, exchange male-female energies within one's body or with a partner. How to orgasm without ejaculation, heal premature ejaculation & impotency.

Healing Love: Female Sexual Energy.

BOOK: [ORDER B06](#) \$15.95

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Drilled Jade Egg: [ORDER 62C](#) \$15.95

Ovarian Breathing relieves PMS & monthly chi loss. Learn how Orgasmic Upward Draw is done solo or with sexual partner. Experience total body orgasm beyond ordinary orgasm. Jade egg exercises strengthen uro-genital, pelvic diaphragm, glands, and increases sexual pleasure. Learn to manage your sexual chi. Revolutionary best seller.

The Multi-Orgasmic Couple

BOOK: [ORDER B15](#) \$16.95 (soft cover)

Chi Nei Tsang BOOK: [ORDER B10](#) \$17.95

Chi Nei Tsang II BOOK: [ORDER B14](#) \$16.95

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A must for massage therapists and energy healers. Learn specific techniques of abdominal and internal organ massage that can release and clear blockages anywhere in the body, removing toxins, excessive heat/cold, and negative emotions from the patient. Brings deep healing to the vascular, lymphatic, nervous, tendon/muscle, and acupuncture meridian system.

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Book, [ORDER B07](#) \$17.95 If you like yoga, you will love tao yin. Taoist yoga for increased flexibility, better posture, and revitalizing energy flow. Discover the profound benefits of China's oldest form of exercise. Stretches are performed in either lying or sitting position.

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Chi Healing 2

with Dirk Oellibrandt

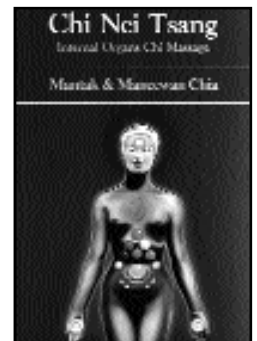
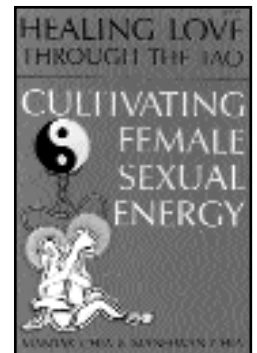
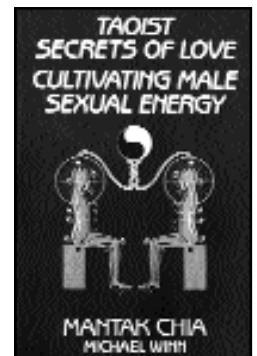
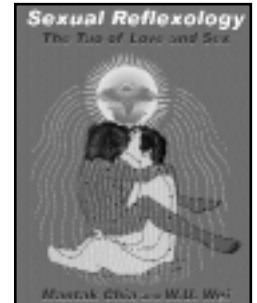
Book [ORDER B17](#) \$19.95

How to download cosmic chi for purpose of healing self & others. Learn to charge "holy" water, connect to healing star energy and work with different color frequencies for specific diseases. Level 2 is "4 Dimensional Bodywork" and links chi meridians with specific planets.

Tan Tien Chi Kung

Book [ORDER B24](#) \$16.95

This beginning level chi kung helps to open up the three energy centers in the head, heart, and belly, and circulate the chi between them.



Michael Winn Chi Kung & Alchemy Tapes



MICHAEL WINN is a pioneer of qigong & Taoist internal alchemy meditation (neidan) in the West. He refined his practice of Hermit One Cloud's **Seven Tao Formulas for Immortality** (received via Mantak Chia) for 25 years before releasing his audio-video courses. Study with many masters inspired him to use qigong to simplify and deepen for Westerners the alchemical process of Self-realization. He co-wrote 7 books with Mantak Chia, is recent President, Nat. Qigong Assn. USA, and founder Healing Tao University. Winn weaves into a single fabric qigong, Chinese medicine, tai chi, feng shui, I Ching, Taoist depth psychology & Taoist alchemical science. His teachings are practical, yet infused with wit, wisdom, humor & clarity. Read his web articles on HealingDao.com for an advance taste. Read his in-depth web articles on HealingDao.com, and watch for his new e-books coming soon!

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"I've checked out Everything for 20 years. His stuff is incredible! Each workshop is brilliantly clear & practical – a loving spiritual transmission of internal chi mechanics. My life is changed." — M. Corbett, N. C.

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 China's oldest shamanic chi kung. + Ocean Breathing. Fuses color, sound, breath, virtue and movement into One fun, powerful method. Lifetime Treasures. Practice these core tools, the rest is easy. **A (4.5 hr) + V (1.5 hr) \$59. (intro price)**
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2. Open Micro-Cosmic Orbit (CKF#2)
 Top 10 methods. Advanced jing-chi-shen theory, guided meditation to mix chi & blood. Five unique Heaven & Earth chi kung movements easily open and balance yin-yang chi flow.
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Package discount: CKF#1+#2 Best deal!
(2 Audios + 2 Videos): \$120. MP1

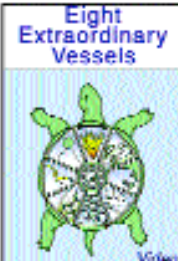
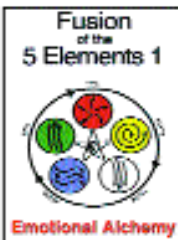
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 Use each breath to build a powerful Energy Body anywhere, anytime! Rare empty force method opens Original Chi in dan tien (belly), detoxifies & creates warm current.
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11. Inner Sexual Alchemy: Lesser Water & Fire
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13. Planetary & Soul Alchemy

14. Star Alchemy: Sealing the Five Shen

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